

Northfield Families Newsletter

On behalf of Birmingham Children's Partnership, we are offering support to children, young people, and their families in the **Northfield Locality**. We work with people from bump to 25 years, and their families. (For adults- only refer to Northfield Community Partnership 0121 411 2157).

We can help with:

- **Emergency grants of up to £100 towards food and fuel costs**
- **Food parcel delivery**
- **Fuel vouchers**
- **Free access to parenting courses**
- **Access to emergency family grants**
- **Referrals to baby banks and services**
- **Benefits, housing, and employment advice**
- **Referral & signposting to mental and emotional health services**
- **Signposting to other supportive and recreational services via our community connectors**

Northfield Families is working closely with SEMH Pathfinder and Barnardo's to offer a range of holistic support geared specifically to each family's needs. **SEMH Pathfinder** support schools to meet the social, emotional, and mental health needs of children and offer a programme of intensive support to those family's most in need. **Barnardo's** offer activities, courses, and support for families with children under 5 years old.

Family Connect Form You can connect families to all of the support listed above by completing a [Family Connect Form- for Professionals](#).

Families can also self-connect to services using the [Family Connect Form- Self Identification](#)

If you would like to contact Northfield Families directly you can also speak to Sue or Jess:

northfieldfamilies@northfieldcommunity.org

Mon- Wed: 07516 918 133 Thur- Fri: 07951 346 327

Webinar You are invited to join our 30-minute webinar on **Wednesday 27th January 2021** to hear about how we can support families and the offer from Northfield Families and Barnardo's. Simply sign up at the link below:

[Northfield Families & Barnardo's – How can we help you to support families? Tickets, Wed 27 Jan 2021 at 02:00 | Eventbrite](#)

Look out for our other webinars, covering a range of topics including arts therapy for all ages, mental health for young people and insights into other partner organisations.

Bellfield Junior School Support

Bellfield Junior School are an outlet for the Fair Food Project food bank and have 40 food parcels available. They also have a large collection of new or nearly new children's clothing and lots of shoes, trainers & wellies. These are available to all families in the area in need not just those attending Bellfield School. Please share with networks and signpost to Bellfield.

Contact Head Teacher Nigel Attwood on n.attwood@bellfield-jun.bham.sch.uk or call 0121 464 2895.

Internet Safety

[Information, Advice and Support to Keep Children Safe Online \(internetmatters.org\)](https://internetmatters.org) There are good guides provided here on how to set up parental controls on mobiles and broadband for all major providers - something families can put in place to safeguard against inappropriate content. Other useful websites are:

[Net Aware: Your guide to social networks, apps and games \(net-aware.org.uk\)](https://net-aware.org.uk)

[UK Safer Internet Centre - Online Safety Tips, Advice and Resources | Safer Internet Centre](#)

Parenting Courses

[Ourplace | Online Parenting Child Education Courses \(inourplace.co.uk\)](https://inourplace.co.uk)

Parenting support. We've pre-paid for each parent, grandparent and carer to access £88 of online courses. Use the code COMMUNITY to access support for children from bump to 19.

Mental & Emotional Support

For young people aged 11-25 there are forums, guides and counselling available completely free at [Kooth](https://kooth.com)- all interaction is completely anonymous.

If you are under 25 and registered with a GP in Birmingham, you can receive support from [Pause](https://pause.org.uk). We also provide support for parents and carers who are concerned about their child or young person's wellbeing. You can get in touch with Pause by calling 0207 841 4470 or [email](mailto:info@pause.org.uk).

Adults can get support from MIND by calling 0121 262 3555. Or for urgent help call Forward Thinking Birmingham on 0300 300 0099. And remember to stay active.

Overview of the Birmingham Children's Partnership services in Birmingham:

There are services across Birmingham, to find out what is available in other parts of the city:

[Birmingham Children's Partnership - Resources | Birmingham Children's Partnership - Resources | Birmingham City Council](#)

The link below shows the contact details for leads in the area:

[Voluntary sector local leads | Birmingham Children's Partnership - Resources | Birmingham City Council](#)

The Postcode checker will show which area each family will come under:

[Early Help Service Postcode checker updated April 2020 | Birmingham City Council](#)

